

Good health, good LUCK  
& happiness  
For today and every day.

## St. Theodore Breakfast Menu

For March 2024

“The USDA is an equal opportunity provider and employer”

Menu Items May Change Depending On Availability



**MON**

**TUES**

**WED**

**THURS**

**FRI**

Breakfast is served from 7:45am-8:10am WW = Whole Wheat				<b>1</b> Cereal or oatmeal choice/ Scrambled eggs/Toast/Cheese stick or cube/Yogurt/Fruit cup/100% Fruit juice/Milk
<b>4</b> Cereal or oatmeal choice/ Hard boiled egg/Canadian ba- con/Breakfast bar/Yogurt/Fruit cup/2nd Fruit choice/Milk	<b>5</b> Cereal or oatmeal choice/ Sausage-egg-cheese Tornado burrito/Hash brown patty/Fruit cup/100% Fruit juice/Milk	<b>6</b> Cereal or oatmeal choice/ WW Pancake w/syrup/Kielbasa sausage/Cheese stick or cube/ Yogurt/Fruit cup/2nd Fruit choice/Milk	<b>7</b> Cereal or oatmeal choice/ Toasted English muffin/ Scrambled eggs w/diced ham/ Roasted potatoes/Fruit cup/100% Fruit juice/Milk	<b>8</b> Cereal or oatmeal choice/ Sweet roll/Hard boiled egg/ Cheese stick or cube/Yogurt/ Fruit cup/2nd Fruit choice/Milk
<b>11 No School</b>	<b>12 No School</b>	<b>13 No School</b>	<b>14 No School</b>	<b>15 No School</b>
<b>18</b> Cereal or oatmeal choice/ Breakfast bar/Hard boiled egg/ Kielbasa sausage/Cheese stick or cube/Fruit cup/100% Fruit juice/Milk	<b>19</b> Cereal or oatmeal choice/ French toast sticks w/syrup/ Canadian bacon/Yogurt/Fruit cup/2nd Fruit choice/Milk	<b>20</b> Cereal or oatmeal choice/ Fruit bread or muffin/Scrambled eggs w/diced ham/Cheese stick or cube/Fruit cup/100% Fruit juice/Milk	<b>21</b> Cereal or oatmeal choice/ Breakfast pizza/Yogurt/Fruit cup/2nd Fruit choice/Milk	<b>22</b> Cereal or oatmeal choice/ Cheese omelet/Toast/Hash brown patty/Yogurt/Fruit cup/100% fruit juice/Milk
<b>25</b> Cereal or oatmeal choice/ Toasted English muffin/Breakfast bar/Cheese stick or cube/Yogurt/ Fruit cup/2nd Fruit choice/Milk	<b>26</b> Cereal or oatmeal choice/ Scrambled eggs/Kielbasa sau- sage/Toast/Yogurt/Fruit cup/100% Fruit juice/Milk	<b>27</b> Cereal or oatmeal choice/ Sausage-egg-cheese breakfast sandwich on English muffin/ Roasted potatoes/Yogurt/Fruit cup/2nd Fruit choice/Milk	<b>28</b> Cereal or oatmeal choice/ Sweet roll/Hard boiled egg/ Canadian bacon/Cheese stick or cube/Fruit cup/100% Fruit juice/ Milk	<b>29 No School</b> 